

About Unity House

Unity House is dedicated to empowering people with disabilities. Our non-profit provides transitional and permanent housing, respite care, and rehabilitative and employment services for people with developmental/intellectual disabilities, mental illnesses, and/or substance use disorders from which they are recovering. We partner with them to develop their skills, supporting them so they can live their best lives.

Founded in Auburn, NY in 1977, Unity House today supports more than 750 people in eight central New York counties (Cayuga, Tompkins, Wayne, Oswego, Onondaga, Seneca, Tioga and Ontario).

Unity House relies on volunteers, donors and staff to deliver on our mission. Because our mission is so important, we are also dedicated to empowering our employees. Together, we innovate, educate and advocate to free our community from the misconceptions associated with disabilities.



OUR MISSION:

Empower and enrich the lives of people in recovery, coping with a mental illness, and/or diagnosed with a developmental disability. This is accomplished by offering services and supports in an inclusive, people-centered environment.



OUR VISION:

All individuals are respected and lead lives of personal fulfillment and acceptance within our community.



SUPPORT OUR MISSION:

Donate now to empower people with disabilities. Your gift of any size will make a positive impact for the people we support.



*Empowering People with
Intellectual &
Psychiatric Disabilities
and those in
Recovery from Substance
Use Disorders*



Learn more about Unity House at
unityhouse.org



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Support for People with Developmental/Intellectual Disabilities

Unity House works with adults to enhance their skills in the home and the community, and to foster self-esteem, productivity, and a high quality of life. Services include:

- ▶ Day & Community Habilitation
 - Full or half day services available
 - Individual and group settings
- ▶ Residential
 - A variety of housing solutions range from 24/7 supervised sites to supportive sites with occasional staff assistance
 - Respite care is available on a planned or emergency basis with 24-hour supervision
- ▶ Employment
 - Prepares and trains people for competitive, productive work
- ▶ Self Direction / Fiscal Intermediary / Broker
 - Flexibility and personal control in choosing a mix of services, the staff and the organizations that provide those services, and a schedule that works best for each individual



Support for Adults in Recovery from Substance Use Disorder

Unity House offers two residential options in Auburn, NY for people recovering from addiction disorders:

- ▶ GRACE House
 - Recovery residence for men and women based on 12-Step programs
 - Continuous support focusing on individualized recovery plans, including treatment for alcoholism and other drug addictions, trauma-informed care, group therapy, and self-care classes
- ▶ Supported Living Residential Reintegration
 - Apartment setting, with separate program tailored to residents who are pregnant and/or have children
 - Case management services include pre-vocational training, employment preparation, volunteer work, parenting classes, mental health services, and treatment for alcoholism and other drug addictions



Sign up to receive our free e-newsletter:



Support for Adults with Mental Illness

Unity House partners with people with mental illness to help them recover. Our support helps them gain the skills, knowledge, and resources necessary to achieve independence and self-sufficiency. We offer:

- ▶ PROSperity Program
 - An environment that fosters the recovery skills needed for people to live their lives more fully
- ▶ Certified Treatment Apartments
 - This licensed temporary housing option offers ongoing support to those who can benefit from daily assistance
- ▶ Permanent Supportive Housing
 - Safe, affordable living options coupled with individual support services
- ▶ Forensic Supportive Housing
 - Supportive apartment programs for people who are exiting the forensic system and for those with co-occurring mental illness/substance use disorder
- ▶ Employment
 - Prepares and trains people for competitive, productive work
- ▶ CORE Services
 - Provides opportunities for Medicaid beneficiaries to receive services in their own home or community
 - Ensures full access to the benefits of community living and that those benefits are offered in the most integrated settings
- ▶ Respite
 - Available on a planned or emergency basis with 24-hour supervision



HONESTY INTEGRITY RESPECT